

MAANDAG

13U00 - 13U45

A

PRIVATE PILATES

Elke 45'

16U45 - 17U30

A

PRIVATE PILATES

18U30 - 19U30

A

START TO PILATES

19U45 - 20U45

A

GENTLE PILATES

DINSDAG



11U00 - 12U00

C

MOVING MOM

18U00 - 19U00

K

ZWANGERSCHAPSYOGA

19U15 - 20U15

K

VINYASA YOGA

20U30 - 21U30

K

REFEEL & REFUEL YOGA

WOENSDAG

10U30 - 11U30

H

WS BABYMASSAGE

19U15 - 20U15

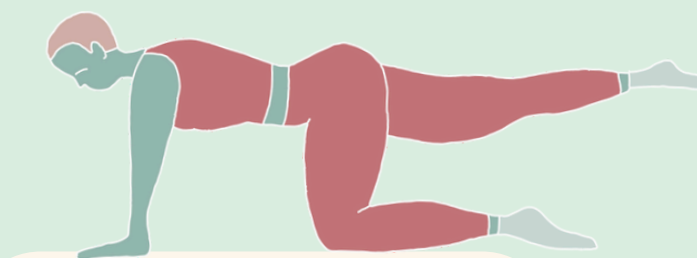
H

GENTLE PILATES

20U30 - 21U30

H

PILATES



VRIJDAG

09U15 - 10U15

H

GENTLE PILATES

10U30 - 11U30

H

PILATES



A = ASHLEY
C = CORALIE
K = KATHLEEN
H = HERMIEN